



PSHE Curriculum Ambition

Kemnal Hearts:

At Kemnal we believe that the PSHE Curriculum is a fundamental part of every pupil's education. We place a focus on skills needed to become confident, happy citizens who know how to support themselves and others. We aim to promote personal development in a way that will give students the knowledge, understanding and practical skills required to improve their interactions with others.

The focus in these sessions is to develop a sense of self worth by encouraging pupils to play a positive role in contributing to school life and the wider community. We feel that learning about the emotional and social aspects of growing up helps our pupils to develop their sense of self worth and make informed decisions about their future.

Kemnal Minds:

Students are introduced to a wide range of topics under the three headings of:

- Health and wellbeing
- Living in the wider world
- Relationships

Topics change every half term and the content is designed to give pupils the knowledge to make informed choices about themselves and their future, whilst building on prior learning. Throughout the curriculum pupils develop an understanding that they are members of a global community and have a responsibility to contribute positively to their local and wider society. They know how to keep themselves safe and healthy physically, mentally and emotionally, understanding how to seek support for themselves and others if needed. They recognise the importance of resilience and perseverance when faced with challenges.

Our PSHE Curriculum takes into account all aspects of the statutory RSE Curriculum and is reviewed regularly in relation to any updates.